

PSYCHOSEXUAL SERVICES – FREE AT POINT OF SERVICE

- Common Youth 90328866 www.commonyouth.com
 - Patient self – referral or GP referral
 - Male and female <25
 - Individual therapy
 - Will see IPM doctor
 - Will have genital examination
 - Free at point of service

- Family planning Belfast trust 95045637
 - Patient self – referral or GP referral
 - Currently based Holywood Arches Health Centre
 - Male and female
 - Individual therapy
 - Will see IPM doctor (Dr Carole Jennings)
 - Will have genital examination
 - Free at point of service/NHS

- Shimna House, Knockbracken 9063 8854:
 - GP referral (PAPERWRITTEN DIRECT - NOT THROUGH CMHT)
 - Male and female
 - Couples therapy
 - Relate counsellors for CBT
 - Will not have genital examination
 - Regional service
 - Free at point of service/NHS

- Dr Catriona O’Kane Consultant Obs and gynae Antrim hospital
 - Female only
 - GP referral
 - Individual therapy
 - Will see IPM doctor
 - Will have genital examination
 - Free at point of service

AND other pelvic physios, gynaecologists and GUM doctors currently training with IPM.

Mark referral as Psychosexual problem and may get to one of these clinicians.

For IPM training enquiries, referral information or advice on where to refer please contact Dr Nancy Conroy nihaldane@doctors.org.uk

PSYCHOSEXUAL SERVICES – PRIVATE

- Dr Caroline Hunter 07754792689

25 Downshire Park, Hillsborough, Co Down, BT26 6HB

- Patient self – referral or GP referral
- Male and female
- Individual therapy
- IPM doctor but also psychotherapist
- Will have genital examination if indicated
- Private

- Dr Sarah Byrne – GP in Aghalee. E-mail: drsbyrneconuslting@gmail.com

- Patient self – referral or GP referral
- Male and female
- Individual therapy
- IPM doctor
- Will have genital examination if indicated
- Private
- Psychosexual referrals only please does not do private GP

- Mr Ian K Walsh

Maypole Pelvic Clinic, Holywood, Kingsbridge Private Hospital, Belfast; IKWConsulting, Belfast
Referral: Maypole and Kingsbridge: (02890) 667878 IKWConsulting: P.A. (Helen) 07793 494348,
website IKWConsulting.net

- Patient self – referral or GP referral
- Male and female
- Individual therapy
- IPM doctor
- Will have genital examination if indicated.
- Private
- Particularly helpful if patient has a urology issue

- Joan Birkmyre 07768 224303 Ballyclare, Co. Antrim

Email: joanbirkmyre@hotmail.com

www.joanbirkmyre.com

- Patient self – referral or GP referral
- Male and female
- Individual or couple therapy
- C.O.S.R.T. (College of Sexual and Relationship Therapists) accredited
- Will not have genital examination
- Specialist interest in sex/porn addiction
- Also relationship counselling
- Private

- Karen Lawrence Sex/porn addiction specialist - Will not have genital examination. Private
[relating2others Counselling in Belfast & Bangor | Online Relationship & Couples Counsellor](#)